



# Nantucket Skating Club

2023-2024 Membership

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## Welcome!

The Nantucket Skating Club (NSC) Board of Directors would like to take this opportunity to welcome new and returning members to the 2023-2024 skating season. We are working on rebuilding our program to include skating activities and classes for skaters of all ages and skill levels.

Please take the time to read through this packet's contents to familiarize yourself and your skater with our policies, procedures and guidelines. This packet is reviewed and re-evaluated each year to assure the relevance and effectiveness of the sessions and the opportunity for the skaters to have a positive skating experience.

Our club is a non-profit entity which is based on participation and volunteerism. To make the Nantucket Skating Club successful we need our members to participate in not only our club activities, but also in our fundraising efforts. *Our club is continually working towards its mission of providing affordable skating experiences for all its members.* We rely on those members and their families to participate in our fundraising efforts which result in benefits for all skaters.

For additional information and updates on club activities throughout the year, please follow us on Instagram and Facebook.

Once again, the Nantucket Skating Club Board of Directors welcomes you to the 2023-2024 Skating Season. We wish you a very positive and successful skating year and look forward to many fun filled activities. Your dedication and hard work on and off the ice will continue to make NSC an amazing organization.

Yours Sincerely,

Nantucket Skating Club Board of Directors



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## Membership Benefits

As a home club member of Nantucket Skating Club, you will enjoy the following benefits (dependent on category):

- USFSA membership
- Ability to compete as an individual or member of Island Waves
- Ability to test in USFSA Sanctions test sessions
- Monthly Skating Magazine subscription
- Opportunity to make friends and become a part of the skating community here on Nantucket!

### Skating Club Q&A

- **What is US Figure Skating?** US Figure Skating is the official governing body for the sport of figure skating in the United States, recognized by both the United States Olympic Committee (USOC) and the International Skating Union (ISU). As the governing body, US Figure Skating's mission is to provide programs to encourage participation and achievement in the sport of figure skating. As the governing body it regulates and governs the sport in the United States, creates rules for the holding of tests, competitions and other activities, and organizes and sponsors competitions.
- **What are the benefits to joining US Figure Skating?** By joining U.S. Figure Skating through a club, such as Nantucket Skating Club, members have the ability to do the following: 1) Test at U.S. Figure Skating-sponsored test sessions 2) Compete at U.S. Figure Skating sanctioned events 3) Participate in U.S. Figure Skating qualifying events 4) Represent your club at regional, sectional and national events. Members also receive the following benefits: 1) Certificates of accomplishment for passing proficiency tests and placing at U.S. Figure

Skating qualifying events (athletes) 2) Subscription to SKATING magazine 3) Individually numbered membership card 4) Coverage under U.S. Figure Skating's sports accident insurance policy and 5) Special offers and discounts from U.S. Figure Skating corporate partners.

- **What does "home club" membership signify, versus being an associate member?** Your "home club" is the club which registered you with US Figure Skating. You may join other clubs as an "associate" member. If club sponsored events, such as test sessions, are oversubscribed, home club members would have higher priority.
- **I was a member of another club in the past, but I don't know my US Figure Skating number. Do I need a new number?** We can research your prior membership to obtain your old number using your name at the time you were active and your birth date.
- **When does my membership expire?** US Figure Skating membership ends on July 1st. Nantucket Skating Club membership ends on May 31st.
- **How do I get a permission letter to participate in a competition, test session or ice show sponsored by another club?** Permission letters can be requested from any club officer. You or your coach should contact the applicable test chair (singles/pairs or dance) to inquire if a test permission letter is needed.
- **I just joined the club and have not received my membership number. Can I still participate in US Figure Skating test sessions or competitions?** Your permission letter can still be signed, just put "number applied for" on the application.



# Nantucket Skating Club

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## Skaters Code of Conduct

The following is a copy of the Nantucket Skating Club Code of Conduct and Disciplinary Procedures. Each skater and parent, if skater is a minor, are required to review, discuss and accept this Code of Conduct and indicate that they have read and understand their responsibilities by signing the attached membership agreement.

Nantucket Skating Club members are expected to act in a manner that represents the members, fellow skaters, the club, and community in a positive manner. This NSC policy is also in effect when the Club is represented at out of town activities. Please exhibit a model of behavior that will provide a good example to the community and to the public and encourage pride in our Club.

### General

- Skaters are expected to display proper respect and sportsmanship and a positive attitude towards their competitors, fellow skaters, coaches, officials, parents and the public.
- Respect others' personal space on the ice and follow all safety rules.
- Respect public property and property of others.
- Use appropriate language.
- Dress appropriately while representing NSC.
- Refrain from the consumption, distribution, and possession of any amount of alcoholic beverages, tobacco products, or controlled substances when under the legal age limit.
- Act in a positive manner when wearing NSC attire including Island Waves.

Skaters and/or parents who observe unsafe, rude, or inconsiderate behavior or any other violation of the Code of Conduct should report the incident in writing to any NSC Board member within 24 hours.

### Social Media and Communication

As our club grows, it is necessary to review policies and guidelines to provide a safe, positive environment for all our skaters. Periodically we review our social media guidelines and implement new policies. Our goal is to improve communication among our skating family.

**Lessons:** Skaters and coaches work on progressive skills during lessons and skaters are instructed to work on elements between lessons. If your child needs written notes, or you or your skater have questions, please talk to the coaches when they are not busy teaching lessons. The coaches encourage all skaters and their families to meet with them at least once a year. **Contact your coach directly for an appointment.**

**Email Master List:** Every year it is very important that you have your email address turned into the club secretary to receive important information or dates. Please use the email address you use most frequently. If you are not receiving emails, please contact [nantucketskatingclub@gmail.com](mailto:nantucketskatingclub@gmail.com)

**Parents are not permitted to send emails to the entire group on the master list or those on a team.** If you have a question or comment it needs to be directed only to the team manager or the board. If the manager or board finds the need to share the question or answers with the group, they will do so accordingly.

**Facebook & Instagram:** The Nantucket Skating Club has a Facebook page [@nantucketskatingclub](https://www.facebook.com/nantucketskatingclub) and an Instagram page (Nantucketskatingclub) for updates and information. These platforms will be updated as quickly and often as possible.

**Electronic Devices:** While at the rink, skaters need to focus on their skating skills and spending time with their teammates in positive social engagement. Phones and other electronics can hamper that experience. **In accordance with the USFSA Safesport regulations regarding visual and audio recording devices, those devices are no longer allowed to be in use in the locker rooms.** Phones may be used in the lobby and concession areas and to play a skater's music for their program. **Please keep personal items secure. NSC is not responsible for lost or stolen items.**

Skaters abusing this policy will be addressed as follows:

**First offense:** Club member will be addressed verbally (in private) by a coach, team manager or board member, regarding the violation **Second offense:** A face-to-face meeting with the member, and, if a minor, the member's parent or guardian will be contacted.

**Repeated offenses:** Repeated offenses will be taken seriously by the club board of directors. Discipline may include loss of team privileges, i.e. use of locker room, for extended periods of time.



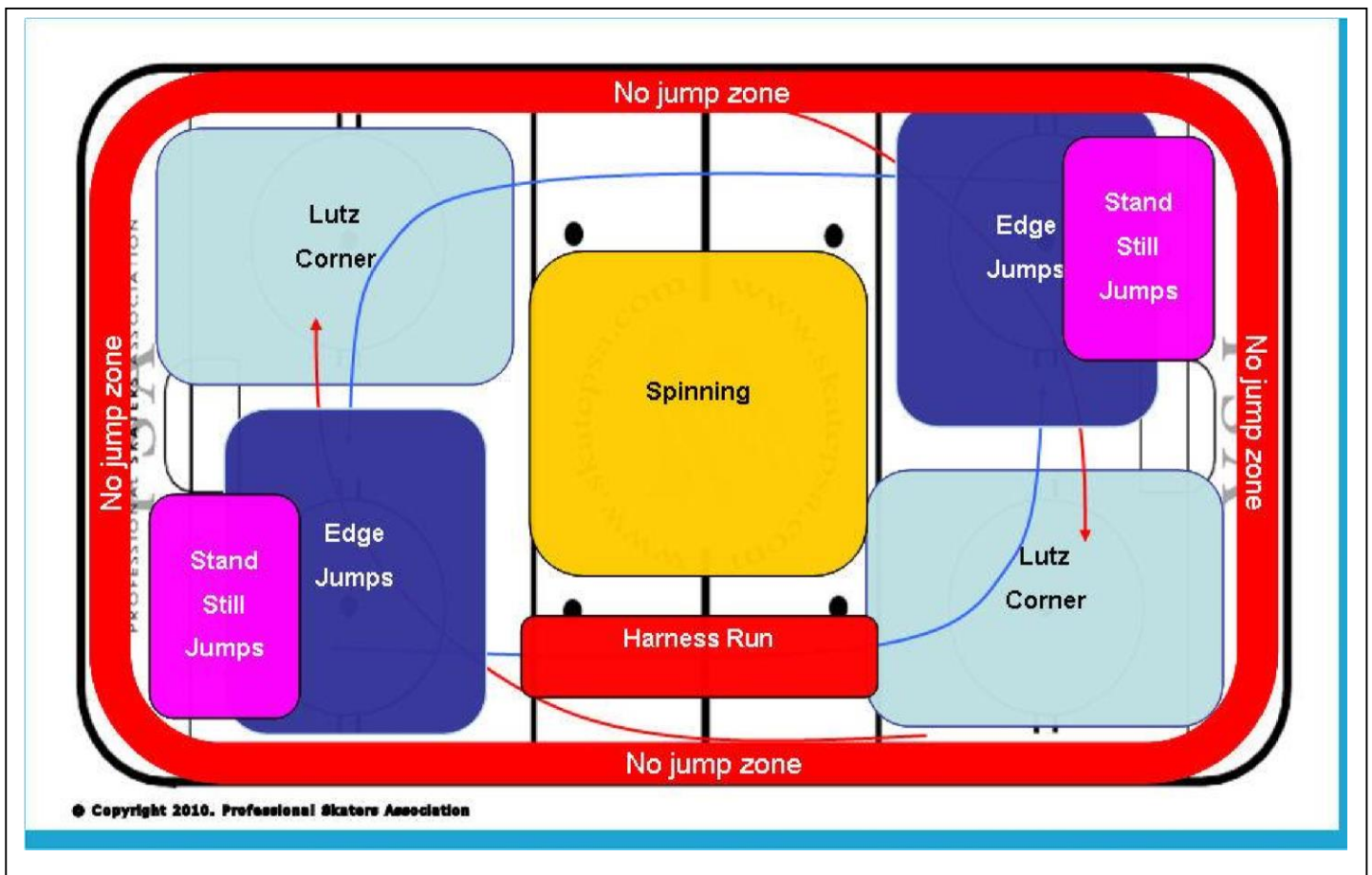
# Nantucket Skating Club

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## Ice Etiquette & OFS Code of Conduct

We must all learn to be more aware, cautious and considerate of other skaters. Remember you are not out there alone and each person needs to be responsible for everyone else's safety.

Please read the attached NSC and Nantucket Ice approved Open Freestyle Guidelines. Each skater and parent must read and sign these guidelines. If your skater is a first time member of NSC, you must go through guidelines with your coach and have them sign off on your Guidelines form. No first time membership forms will be accepted without a coach's sign off on OFS Guideline training.



Free Skate Flow Chart



# Nantucket Skating Club

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## Open Freestyle Code of Conduct

Revised 06\_22\_23

### Before Entering Ice Surface

- All skaters must sign in and present payment before getting on the ice
- Do not enter ice surface until the Zamboni doors are closed after resurfacing. As soon as Zamboni doors are open at end of OFS, promptly leave the ice surface
- Skaters must be able to skate and practice independently or be approved for participation by Nantucket Ice approved coaches

### Personal Code of Conduct

- Be attentive to and respectful of all Nantucket Ice approved coaches and their directions
- Be attentive to and respectful of all Nantucket Ice staff/volunteers and their directions
- Consumption of food/snack/beverages on ice or near boards is prohibited- the only exception is unbreakable water bottles. Keep all personal items such as tissue boxes, notebooks, music, apparel clear of ice surface and/or access areas and remove after each session
- No sitting on or climbing over the boards
- No foul language, yelling, fighting or criticism of fellow skaters is allowed at any time. Any conflict must be brought to a rink employee immediately. Skaters are not to deal with these conflicts on the ice

### On ice etiquette

- Figure Skates only-Allowed on the ice at OFS
- If you fall, get up as soon as you are able- Do not intentionally sit or lie down on the ice
- If an injury occurs
  - Ask the nearest skater to alert an adult and if needed a rink employee
  - No one is to move or pick up an injured skater
- Keep Moving – At no time should a skater stop in the middle of the ice to talk or visit with fellow skaters. If you need to converse with another skater please move next to the boards or off the ice
- Look where you are going at all times –Skaters are responsible for looking in the direction they are skating, forwards or backwards, and being aware of other skaters
- Spin in the center-Jump in the corners- Jumping is usually done near the ends of the rink so spins should be practiced near the center of the rink. This also allows the long sides of the rink to be used as corridors for gaining speed during jumping patterns. Skaters must also be aware of the high speed jumping which is done in the ‘Lutz Corners’ and must not stand around in those areas. Be considerate of others trying to practice their spins and jumps, and select an appropriate area for each element.
- Be patient and kind with less experienced skaters – OFS ice is for figure skaters **of all levels** to practice their technique. Be kind to those who may not be as fast or technically advanced as you are
- Keep your eyes open for priority skaters- When a skater is in a lesson and/or practicing their program to music, they have priority or right of way. It is common etiquette to make an extra effort to stay out of the priority skaters’ way. Try to move to another area if they come your way and extend them the courtesy you would want from them in return. The following right-of-way order is established to insure safety for all skaters on the ice.
  - 1<sup>st</sup> priority- Skater in a lesson with their music playing
  - 2<sup>nd</sup> priority – Skater in a lesson
  - 3<sup>rd</sup> priority – Skater who has their music playing
  - 4<sup>th</sup> priority – Skater who is in a spin
- Each skater is allowed to play their music up to 4 times in a 50 minute OFS session (if a session is crowded, it is not guaranteed you will be able to play your music 4 times)
  - ○ Coaches will share music with skaters to their personal device when appropriate.
  - ○ Skaters are allowed to use the coach’s device (with permission) during OFS sessions. ○ Skaters will practice common courtesy in a first come, first serve play order.

Initials \_\_\_\_\_



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- ○ Music will be played in the order of skater queue. Each skater on OFS must be given a chance to have music played before a skater may play their music more than once.
- If you miss your turn, you must go to the back of the line
- Coaches with a skater in a lesson are the only ones allowed to “interrupt” the music line so their lesson may flow appropriately
- No more than 3 skaters may practice a routine together at any given time unless they are working on a choreographed quartet program
- No horseplay on the ice (throwing ice, snow or any other objects, chasing/tag, kicking the ice, yelling, pushing, etc.)
- Use of headphone/earbuds/airpods/listening devices on the ice at discretion of rink.

**Music Device Usage** –Due to rapid advances technology, the device used for music at OFS is constantly changing. We will also use the best available device that we are able. Currently skaters use their personal devices plugged into the Nantucket Ice PA system. Below are the current rules of use. If this changes you will be alerted by NSC or Nantucket Ice.

- Personal Device Usage ○ If you choose to plug your own device into the Nantucket Ice PA system, you may do so **at your own risk**. Damage caused by power surges or any other manner are not the responsibility of Nantucket Ice
- Be cautious when unplugging other devices and plugging in yours. The equipment is delicate and breakage will cause many skaters and organizations to be effected.
  - You may ask a fellow skater to begin your music for you when it is your turn to skate. Do not ask a coach to start your music unless you are in a current lesson. Coaches are on OFS ice to teach a skater and not to be a music monitor

### Common Sense and Respect Clause

- Not every situation you encounter may be covered by the rules and code of conduct here. Please remember to use common sense when making decisions.
- When you respect others you will also earn respect for yourself. Be mindful of this with your actions and interactions with all skaters, coaches and Nantucket Ice personnel

Skater Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

First Time NSC Member has gone through an OFS Guideline Training with their coach:

Coach Signature \_\_\_\_\_ Date \_\_\_\_\_



# Nantucket Skating Club

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## U.S. Figure Skating Parent Code of Conduct

Nantucket Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character" (Arizona Sports Summit Accord.)

By signing below I hereby agree that:

1. I will encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches, and officials at every practice, competition and test session.
2. I will place the emotional and physical well-being of my child and others ahead of my desire to win.
3. I will encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
  4. I will promptly inform my child's coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
5. I will teach my child that doing his/her best is more important than winning.
6. I will do my best not to ridicule, bully, blame, or yell at my child or other skaters, coaches, officials or volunteers in response to a poor performance or for any other reason.
7. I will do my best to make skating fun at all times and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
8. I will teach my child to treat other skaters, coaches, fans, volunteers, officials, and rink staff with respect, regardless of race, creed, color, sexual orientation or ability. I will also take action and report any acts of bullying, harassment or abuse to the appropriate authorities.
9. I will applaud any effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes.
10. I will teach my child to resolve conflicts calmly and peacefully without resorting to hostility or violence.
11. I will be a positive role model for my child and others.
12. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third-party any illegal drug prohibited by applicable federal, state, or municipal law.
13. I will not assist or condone any athlete's use of a banned substance as described by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
14. I will expect my child's coach to be in compliance with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
15. I will respect my child's coach and refrain from "side line" coaching my child or other skaters.
16. I agree to educate myself regarding the proper procedures to follow when establishing or terminating the coaching relationship and refrain from third-party solicitation as outlined on the PSA website.
17. I will respect the decisions of officials, their authority and decisions during competitions and test sessions and teach my child to do the same.
18. I will show appreciation and recognize the importance of volunteers and club officials. I will fulfill my responsibility to help my club with membership, special projects, competitions and test sessions.
19. I will become familiar with the rules of the U.S. Figure Skating and teach my child accordingly.
20. I will support and respect all skaters and their right to participate.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_





# Nantucket Skating Club

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## Membership Categories

### Individual \$100 Skating Membership /Introductory (first year) \$75

- Represent Nantucket Skating Club when competing and testing. NSC is your USFSA Home Club ☐ US Figure Skating Membership
- Participate in NSC shows and exhibitions
- Voting rights and eligibility to serve on the Board of Directors for full members over the age of 18 (one parent delegate for those under 18)
- Participation in Social Events
- Be eligible for club awards, grants and scholarships

### Collegiate Skating Membership \$100

- Four year membership which entitles member to all benefits of Individual Skating Member
- Member must be enrolled in college or university
- May only apply for Collegiate Skating Membership once, but does not need to be done in freshman year ☐ Additional Family Skating Membership
- All privileges and responsibilities of Individual Skating Membership
- May be attached to an Individual Skating Membership or Associate Skating Membership

### Skating Adult Membership \$65

- For skaters who enjoy skating and would like to be a part of the skating community on Nantucket
- No voting rights, not eligible to serve on Board of Directors
- Participation in Social Events
- Opportunity to participate in club sponsored professional figure skate sharpening
- Opportunity to make friends who enjoy figure skating!

### Professional Membership \$75

- For USFSA officials or USFSA professionals
- All coaches must have prior approval of the Board of Directors/Program Director to instruct during NSC Classes ☐ Teaching Privileges on Nantucket Ice for NSC
- Assists with club shows and exhibitions
- Supports test sessions, club sponsored shows, exhibitions, social events and competitions ☐ Voting rights

### Associate Skating Membership \$65

- Skater's primary affiliation is with another USFSA club. Skater does not represent NSC when competing and testing
- Participate in NSC Shows and Exhibitions in group numbers only
- No Voting rights, not eligible to serve on the Board of Directors
- Participate in Social Events

**\*\*Membership to Nantucket Skating Club is required for all Board of Directors\*\***

**\*\*All Team Managers are required by USFSA to be NSC Members themselves and complete Safe Sport Certification & background checks\*\***





# Nantucket Skating Club

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## Membership Form

June 1, 2023 – May 31, 2024

Skater Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE: \_\_\_\_ USFSA #: \_\_\_\_\_

Most Recent Test Passed: **Moves In the Field** \_\_\_\_\_ **FreeStyle** \_\_\_\_\_  
*(If unsure of this, please ask your coach)*

Coaches Name(s): \_\_\_\_\_

Physical Address \_\_\_\_\_

Street City State Zip

Mailing Address: \_\_\_\_\_

Street/Box # City State Zip

### Skater Contact

Cell Phone \_\_\_\_\_ Email\* \_\_\_\_\_

Cell Phone \_\_\_\_\_ Parent 1 Contact  
Home Phone \_\_\_\_\_ Email\* \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

### Parent 2 Contact

Cell Phone \_\_\_\_\_ Email\* \_\_\_\_\_

Home Phone \_\_\_\_\_ Parent/Guardian Name \_\_\_\_\_

\*By providing an e-mail address, you consent to receive club communications regarding classes, fundraising, annual spring show, Edge Clinic and other pertinent matters to Nantucket Skating Club.

### Membership Level:

- Individual \$100
- Professional \$75
- Introductory \$75
- Additional (2<sup>nd</sup>) Family Member – \$75
- Skating Adult \$65
- Additional (3<sup>rd</sup>) Family Member - \$60
- Collegiate \$100
- Associate \$65 – Home Skating Club \_\_\_\_\_

Skater Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Nantucket Skating Club

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*This form is to be used for any and all Nantucket Skating Club and Nantucket Ice skating related matters during the 2023/2024 Membership year both on and off island*

Skater's Full Name: \_\_\_\_\_ Sex: **M** **F**  
Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Emergency contact E-mail: \_\_\_\_\_ Emergency Contact Cell Phone: \_\_\_\_\_

**List any special conditions:**

(I.e. allergies, specify injuries, weaknesses, eyeglasses, contacts, hearing aid, anxieties, hyperactivity, learning disabilities etc.)

**Current medication(s) if any that your child will have with them at all times in case of an emergency:**

(I.e. EpiPen, Epilepsy Medication etc.)

**Current or recurring injuries that we should be aware of or may re-occur during the regular course of this activity:**

**Current medical treatments being administered (ie: physical therapy, regular chiropractic treatment, etc)**

Please check those that apply and provide necessary details:

**Chronic ailments:**

- Asthma or other respiratory problems
- Circulatory or heart problems
- Diabetes or hypoglycemia
- Epilepsy / Seizures
- Hemophilia or other bleeding problems
- Other, please describe: \_\_\_\_\_

**Allergies:**

- Bee stings or other insect bites:
- Foods: \_\_\_\_\_
- Medications: \_\_\_\_\_
- Other, please describe \_\_\_\_\_

**Immunizations: (Please date of most recent)**

Tetanus: \_\_\_\_\_ MMR: \_\_\_\_\_  
Hepatitis A: \_\_\_\_\_ Hepatitis B: \_\_\_\_\_  
Flu: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone number: \_\_\_\_\_

Dentist: \_\_\_\_\_ Phone number: \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_ Policy ID #: \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Insurance Phone #: \_\_\_\_\_

**Emergency contacts:**

Name	Relationship	Phone Number
1. _____		
2. _____		

I hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the supervision of any qualified health care professional or staff of any hospital holding a current operational certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment, or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that the above treatment will not be withheld if the undersigned cannot be reached.

**Skater/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



# Nantucket Skating Club

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## Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (“Agreement”)

2023-2024 Membership Year

Name of Skater: \_\_\_\_\_

In consideration of participating in Nantucket Skating Club activities, I represent that I understand the nature of figure skating activities (“activity”) and that I am qualified, in good health and in proper physical condition to participate in such “activity”. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the “activity”.

I fully understand that this “activity” involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the “activity”, the conditions in which the “activity” takes place, or the negligence of the “releases” named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the “activity”.

I hereby release, discharge, and covenant not to sue Nantucket Skating Club, Nantucket Ice, United States Figure Skating, it’s directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants and if applicable, owners and lessors of premises on which the “activity” takes place (each considered one of the “Releases” herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the “releases” or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releases, I will indemnify, save, and hold harmless each of the releases from any loss, liability, damage, or cost which any may incur as the result of such claim.

Nantucket Skating Club and Nantucket Ice have the right, but not the obligation, to provide rules, regulations and/or ice monitors for club ice. We hereby acknowledge that Nantucket Skating Club and Nantucket Ice shall not be responsible for the supervision of the skaters at Club Ice.

I hereby grant permission for myself or child/ward to participate in the activities of Nantucket Skating Club (NSC). I understand that my or my child’s name and photograph may be used in NSC publications, advertisements and promotions in print or on the NSC website and other NSC social media. I further understand that it is my responsibility to notify NSC in writing if I want to revoke or restrict permission to use my or my child’s name or photograph in this manner.

I hereby agree that I or my child’s will abide by the Bylaws of Nantucket Skating Club and will adhere to the Code of Conduct, rules, and policies of Nantucket Skating Club and its sessions as well as U.S. Figure Skating, and will observe ice etiquette and courtesy at all times. Total Membership Registration Fees are due and payable upon signing and submitting the Application/Registration form. I understand that failure to abide by these rules may result in suspension or loss of membership privileges.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Skater/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Nantucket Skating Club

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## Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (“Agreement”)

2023-2024 Membership Year

Name of Skater: \_\_\_\_\_

### PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT

I, the minor’s parent and/or legal guardian, understand the nature of the above referenced activities and the minor’s experience and capabilities and believe the minor to be qualified to participate in such “activity”. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releases from all liability, claims, demands, losses, or damages on the minor’s account caused or alleged to have been caused in whole or in part by the negligence of the Releases or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor’s behalf makes a claims against any of the above Releases, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releases from any litigation expenses, attorney fees, loss liability, damage, or cost any Releases may incur as the result of any such claim.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### CONSENT FOR MEDICAL ATTENTION OR TREATMENT

I certify that I, the skater, or I, the parent/guardian of said participant, give my consent to the and the facility the activities are taking place in and their staff and to members of Nantucket Skating Club, their Board of Directors and volunteers to obtain medical care from any licensed physician, hospital or clinic, including transportation and emergency medical services, for myself/ourselves and/or said participant for any injury that could arise from participation in these activities.

Skater/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### SAFE SPORT PROGRAM RELEASE

On July 1, 2013, U.S. Figure Skating implemented the Safe Sport program, which seeks to ensure that its members can participate in figure skating in a safe and harassment-free environment. By registering for membership of Nantucket Skating Club, I agree to adhere to the Safe Sport policies. Detailed information can be found at <http://www.usfsa.org/shell.asp?sid=49066>. The information stated above is complete and accurate. As the skater or parent/guardian, I/we fully understand the hazards associated with ice skating and do hereby absolve Nantucket Skating Club and Nantucket Ice from any liability or claim for injuries or damage that may occur at any events or practices sponsored Nantucket Figure Skating Club.

Skater/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*These Consent and Releases shall be binding and effective for the entirety of the 2023-2024 Membership year while participating in any NSC activities.*